



WHAT YOU'LL EXPERIENCE

Set sail through the Red Sea of Egypt. Connect with the rhythm of nature through guided yoga sessions.

Surround yourself with the peaceful presence of wild dolphins. Unwind in the crystal-clear waters of Egypt's hidden gem, as you rejuvenate your mind, body, and soul in this once-in-a-lifetime experience.

GET IN TOUCH!

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contact@ingridbott.com



ingridbott.com

SAILING 2025
APRIL 6TH - 12TH

CHOOSE YOUR COMFORT...

We offer 2 different accommodations to meet your comfort and needs.



Cabin without
bathroom:
€2400

(Double Occupancy)



Cabin with private
bathroom:
€2600

(Double Occupancy)

TRIP INFO

We set sail for the Red Sea on our private sail boat, The Aziab. This retreat will host up to 8 guests spread in 4 cabins. Each day you'll be treated to yoga sessions and freediving/snorkeling trips in the Red Sea. Meals will be prepared for you as you relax and take in the scenery.

INCLUDED ON THIS TRIP:

- Accommodations on the sailboat
- Transfer from Hurghada airport and Marsa Alam airport to Hamata port
- All inclusive food, water and non alcoholic drinks
 - Snacks and fruits
- Underwater / Snorkeling / Freediving guide
 - The Captain (skipper)
 - Cook / super chef
- Dolphin workshop and 3 days diving at the Satayah Dolphin House
- Snorkeling / Freediving the Abu Galawa wreck and reef
- Visiting the 2 deserted Islands of Hamata
 - 2 Vinyasa Yoga Classes
 - 6 Yin Yoga Classes
 - Marine park fees

EXCLUDED ON THIS TRIP:

- YOUR FLIGHT TO EGYPT
- SNORKELING/DIVING EQUIPMENT
- ALCOHOLIC DRINKS (BYOB)
- TIPS

DAILY YOGA

2 Vinyasa yoga sessions on different islands as we sail through the Red Sea and Yin Yoga every evening on the sailboat.

FREEDIVING

Fun dives/snorkeling/freediving tours will be guided by our certified Freediving instructor. You will explore pristine reefs, a wreck and coral gardens.

DOLPHIN EXPERIENCE

3 days spent exploring the waters and diving with pods of dolphins at the famous Satayah Dolphin House.